



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# Burbank Community YMCA SOCIAL IMPACT CENTER

## MISSION

The Social Impact Center helps all individuals find their true colors. We believe our communities are strongest when everyone feels safe, valued, supported and able to reach their full potential with dignity and love.

## LGTBQIA+ PROGRAMS AND SERVICES

<b>Safe space to hang</b>	Provide a safe space for youth to get off the streets and allow them a place to be themselves unapologetically
<b>Workshops</b>	Provide workshops - life skills, safe sex, gender identity, etc.
<b>Small &amp; large group discussions</b>	Provide daily discussions with the youth - school, relationships, gender identity, etc.
<b>Youth Advocates</b>	
<b>Interns</b>	Interns will come in daily and provide one-on-one counseling sessions with participants
<b>HIV testing</b>	Partner with the hospital to provide HIV testing
<b>Homework Help</b>	Daily homework help for participants - academic enrichment
<b>Movie/Game nights</b>	Build community time and allow children to see themselves portrayed in film, television, and games
<b>Assistance to prevent homelessness</b>	Referral services to local homeless prevention organizations
<b>Counseling- Referral services</b>	Potential partnership with Family Service Agency or Counseling 4 Kids.
<b>Snacks</b>	Snacks will be provided daily to participants during homework and chat hour
<b>Pantry services</b>	Toiletries and canned goods, clean clothes can be available for participants at the discretion of the staff
<b>Life skills</b>	<ul style="list-style-type: none"> <li>• Resume building</li> <li>• Money management with UME Credit Union</li> <li>• Job Readiness</li> </ul>
<b>Special Events</b>	<ul style="list-style-type: none"> <li>• PRIDE Prom</li> <li>• Burbank Pride</li> <li>• Fundraising</li> </ul>

### GOALS FOR PARTICIPANTS

- Increase LGTBQIA+ friendships
- Increase feelings of empowerment
- Reduce negative emotions
- Increase self-confidence
- Increase connection for community resources

### COMMUNITY GOALS

- Increase LGTBQIA+ friendly business awareness
- Increase awareness surrounding LGTBQIA+ issues
- Increase partnerships with the community and YMCA
- Make Burbank as a whole seen as LGTBQIA+ safe

## SOCIAL JUSTICE

<b>Workshops</b>	Provide workshops- knowing your rights, fight for equality
<b>Small &amp; large group discussions</b>	Provide daily/monthly discussions with the youth and their families
<b>1-on-1's with Interns</b>	Interns will come in daily and provided one-on-one sessions with participants
<b>Youth Advocates</b>	
<b>Community Engagement</b>	Bringing awareness to local officials through meetings, workshops and frank discussions
<b>Counseling - Referral services</b>	Partnerships with local counseling agencies

**GOALS FOR PARTICIPANTS**

- Increase education on social injustices
- Decrease risk for incarceration amongst participants
- Teach participants their rights regarding the police
- Increase personal advocacy

**COMMUNITY GOALS**

- Increase community advocacy
- Educate the community about local issues
- Increase voter turnout in the community
- Be seen as the community provider of social justice issues

**FOSTER CARE ADVOCACY**

<b>Trainings</b>	Adult individuals will receive trainings and certifications to become potential foster parents
<b>Workshops</b>	Provide workshops - see Life Skills*
<b>Small &amp; large group discussions</b>	Provide weekly discussions with potential foster parents- youth and foster care alumni testimonials
<b>1 on 1's with and Counseling Interns</b>	Interns will come in daily and provided one on one counseling sessions with participants - foster care youth
<b>Youth Advocates</b>	Hired employees who work daily with participants to advocate for their rights, oversee daily programming, and more
<b>Assistance to prevent homelessness</b>	Referral services to local homeless prevention organizations
<b>Counseling - Referral services</b>	Potential partnership with local counseling agencies
<b>Pantry services</b>	Toiletries and canned goods, clean clothes can be available for participants at the discretion of the staff.
<b>Life skills</b>	<ul style="list-style-type: none"> <li>• Resume building</li> <li>• Money management with UME Credit Union</li> <li>• Knowing your rights</li> <li>• Equality in the workplace</li> <li>• Equality at schools</li> <li>• Equality in the home</li> <li>• Personal Hygiene</li> <li>• Stipends</li> <li>• Clothing Allowance</li> </ul>
<b>Special Events</b>	<ul style="list-style-type: none"> <li>• Annual dinner for foster care families in Burbank</li> <li>• Wrap To Rap Holiday event</li> </ul>

**GOALS FOR PARTICIPANTS**

- Educate the importance of foster care
- Provide proper education and tools to become certified foster parents
- Increase personal advocacy regarding system reform and rights

**COMMUNITY GOALS**

- Increase number of foster homes in Burbank
- Decrease number of foster youth in group home settings
- Educate the need and importance of becoming a foster parent
- Increase partnerships with local nonprofits

**YOUTH PROTECTION STATEMENT**

The Burbank Community YMCA is committed to the development, health and well-being of children and youth in our care. Physical, emotional, mental or sexual abuse will not be tolerated. We have instituted policies, procedures, training and supervision requirements to create an organizational culture focused on the protection of all children and youth involved in YMCA programs and activities.

For more information, please contact Rob Rodriguez, Director of Marketing and Social Responsibility, at [rodriguez@burbankymca.org](mailto:rodriguez@burbankymca.org).