



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

December 2023

Schedule subject to change

Pool deck closes every 45 minutes and opens again at the top of the hour.

Lap Swimming

- No More Reservations
- 3 swimmers Per Lane
- Ages 14+ *exceptions may be made by Aquatic staff after swim evaluation*
- You may be asked to take a swim test for safety reasons

Swim Lessons

Lap Pool will be **CLOSED** Monday – Friday 3:00pm-7:00pm & Saturdays from 9:00am-12:15p for Swim Lessons

ADA

Aquatics pool lift is available. Pools are ADA accessible. Multiple activities are often scheduled in this pool at the same time.

Family Open Swim

- Pool Equipment is not available
- Adult must be with a child under the age of 8 at all times. One adult for every two children in with water. Swim Equipment cannot be used at this time.
- US Coast Guard Approved lifejacket must be provided by parent when entering the pool for non swimmers
- A swim test is required to go to the deep end

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00a-11:45a Lap Swim	7:00a-9:45a Lap Swim	7:00a-11:45a Lap Swim	7:00a-9:45a Lap Swim	7:00a-11:45a Lap Swim	8:05a-8:50a Aquatic Finning Harriet
4:00p-6:00p Swim Lessons	10:00a-10:45a Slow Flow H2O Allison	4:00p-6:00p Swim Lessons	10:00a-10:45a Slow Flow H2O Allison		9:00a-9:45a Lap Swim (Only 2 lanes)
6:00p-7:00p Swim Team	11:00a-11:45a Cardio Deep Water Allison (Deep End of Pool)	6:00p-7:00p Swim Team	11:00a-11:45a Cardio Deep Water Allison (Deep End of Pool)		9:00a-12:15p Swim Lessons
7:15p-8:00p Aqua Burn Boot Camp Gina	3:00p-6:00p Swim Lessons	7:15p-8:00p Aqua Burn Boot Camp Gina	3:00p-6:00p Swim Lessons		12:30p-2:30p Swim Lessons (1 Lane Only)
	6:00p-7:00p Swim Team		6:00p-7:00p Swim Team		12:30p-2:30p Family Open Swim
	7:00p-7:45p Lap Swim		7:00p-7:45p Lap Swim		

Jacuzzi Hours of Operation:

Monday –Friday AM:

7:00–7:45am, 8:00–8:45am, 9:00–9:45am,
10:00–10:45am, 11:00–11:45am

Monday–Thursday PM:

4:00pm–5:45pm, 6:00–7:45pm*

Saturdays:

8:00am–12:15pm, 12:30pm–2:30pm

Reservations NOT required for jacuzzi. Please limit jacuzzi time to 10 min per usage per health & safety guidelines!

Annual Aquatics Center Closure

The Aquatics Center will be closed from 12/25/2023—01/01/2024 and is scheduled to reopen on Tuesday, 01/02/2024

Rev: 11/30/2023



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TRAINING POOL SCHEDULE

December 2023

Schedule subject to change

Pool deck closes every 45 minutes and opens again at the top of the hour.

Fitness Classes

- Reservation Recommended
- Ages 18 and up

Swim Lessons

Training Pool will be **CLOSED** from 3:00-7:00pm

Monday-Thursday & Saturdays from 9:00a-12:15p for Swim Lessons

Adult Water Volleyball

- Reservation recommended
- Ages 14 and up

ADA

Aquatics pool lift is available.
Pools are ADA accessible.
Multiple activities are often scheduled in this pool at the same time.

Family Open Swim

- Adult must be with a child under the age of 8 at all times. One adult for every two children in with water.
- Pool Equipment is not available
- US Coast Guard Approved lifejacket must be provided by parent when entering the pool for non swimmers

Adult Open Swim

No More Reservations

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:00a-10:45a Adult Open Swim	7:00a-7:45a Adult Open Swim	7:00a-10:45a Adult Open Swim	7:00a-7:45a Adult Open Swim	7:00a-8:45a Adult Open Swim	8:00a-8:45a Adult Open Swim
	11:00a-11:45a Family Open Swim	8:00a-8:45a Hot Potato!	11:00a-11:45a Family Open Swim	8:00a-8:45a Hot Potato!	9:00a-9:45a Family Open Swim	9:00a-12:15p Swim Lessons
	4:00p-7:30p Swim Lessons	9:00a-9:45a Slow Flow H2O Allison	4:00p-8:00p Swim Lessons	9:00a-9:45a Slow Flow H2O Allison	10:00a-11:45a Family Open Swim	12:30p-2:30p Family Open Swim
	7:00p-8:00p Family Open Swim *half the pool reserved for swim lessons*	10:00a-10:45a Slow Flow H2O Allison	7:00p-7:30p Family Open Swim *half the pool reserved for swim lessons*	10:00a-10:45a Slow Flow H2O Allison	11:00a-11:45a Family Open Swim	
		11:00a-11:45a Adult Open Swim		11:00a-11:45a Adult Open Swim		
		3:00p-7:30p Swim Lessons		3:00p-7:30p Swim Lessons		
		7:00p-7:45p Family Open Swim* *half the pool reserved for swim lessons*		7:00p-7:45p Family Open Swim* *half the pool reserved for swim lessons*		

Jacuzzi Hours of Operation:

Monday -Friday AM:

7:00-7:45am, 8:00-8:45am, 9:00-9:45am,
10:00-10:45am, 11:00-11:45am

Monday-Thursday PM:

4:00pm-5:45pm, 6:00-7:45pm

Saturdays:

8:00am-12:15pm, 12:30-2:30pm

Reservations NOT required for jacuzzi. Please limit jacuzzi time to 10 min per health & safety guidelines!

Annual Aquatics Center Closure

The Aquatics Center will be closed from
12/25/2023—01/01/2024 and is scheduled to
reopen on Tuesday, 01/02/2024

BURBANK COMMUNITY YMCA

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